# An Experimental Evaluation of Multiple Arts Field Trips

## Year 3 Results

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## Overview

#### Research Question:

- 1. Do students experience social-emotional and academic benefits from **multiple field trips** to cultural institutions?
- 2. Do effects persist over time following treatment?

#### • Research Design:

- Randomly assign 4<sup>th</sup> and 5<sup>th</sup> graders at 15 elementary schools to **receive 3 culturally enriching field trips** throughout the school year and measure the impact on student social-emotional and academic outcomes.
  - High Museum of Art
  - Alliance Theatre
  - Atlanta Symphony Orchestra

#### • What we add to previous research:

- 1. Experimental design what is the CAUSAL effect of arts-focused fieldtrips.
- 2. Multiple trips to 3 different art institutions
- 3. Large, urban school district serving primarily minority and low-income students
- 4. Longitudinal study follow students after they experience treatment

## Overview

#### • Findings

- We find no effect on students' desire to participate in the arts nor on social emotional measures of empathy, social perspective taking, and political tolerance
- Treatment students show
  - Higher desire to consume arts in the future
  - Higher levels of tolerance
  - Greater conscientiousness
- Intervention seems to affect students' behavior and academic outcomes most when they enter middle school
  - Treatment students experience
    - Higher test scores
    - Higher course grades
    - Fewer behavioral infractions
    - Fewer absences

## Motivation:

- Evidence of cultural field trips declining
  - Increase in schools canceling field trips (Ellerson & McCord, 2009)
  - Cultural institutions report fewer student groups attending and that adult attendance at art institutions is also declining (Rabkin & Hedberg, 2010)
  - Teachers report decline in arts education and field trips, particularly among disadvantaged students (Government Accountability Office, 2009)
    - Principals reported pressure from accountability standards and tight budgets

## Previous literature

## Observational studies

- Student involvement in the arts is associated with higher academic performance (Ludwig, Boyle, & Lindsay, 2017; Jægar and Møllegarrd, 2017; Ruppert, 2006; )
- Students who attend cultural institutions experience academic and social emotional benefits in the short term (Lacoe, Painter, & Williams, 2016; RK&A, 2018)

## • Experimental studies (GOLD Standard)

- Students experience an increase in tolerance, critical thinking, empathy, content knowledge, and desire to consume art from *visiting art museums or theater* (Bowen, Greene, & Kisida, 2014; Greene et al., 2018; Greene et al., 2014; Kisida, Greene, & Bowen, 2014)
- Students in an *arts integration program* demonstrated reduced discipline, increased writing test scores, and increased compassion (Bowen & Kisida, 2019)

# **Research Question**

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- 1. Do students experience social emotional and academic benefits from **multiple field trips** to cultural institutions?
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## • Hypotheses

- Expect **positive gains** in social emotional constructs such as tolerance and social perspective taking
- Expect **positive gains** in student desire to consume arts
- Expect **no significant effect** in academic achievement

# Research Design: Randomized Control Trial

- **Treatment Group:** Field trips to each of the Woodruff Arts Center art partners
  - High Museum of Art
  - Atlanta Symphony Orchestra
  - Alliance Theatre
- Control Group: Business as usual



## Research Design: Randomized Control Trial

#### We estimate the effect of:

- 3 field trips in 1 year
- 6 field trips in 2 years
- 1 year following treatment
- 2 years following treatment

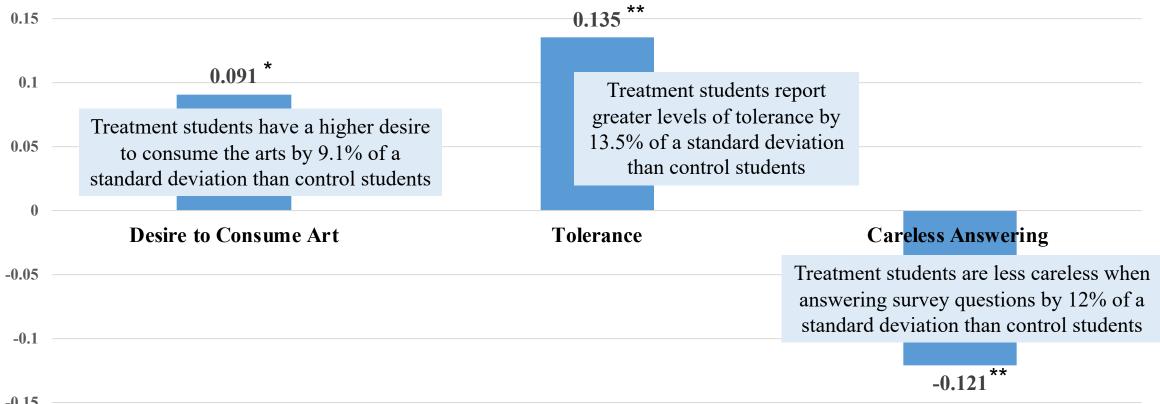
School 1		School 5	School 5		School 11	
4th	-	4th	Treatment	4th	Treatment	
5th	Treatment	5th	Control	5th	Control	
6th	Control	6th	Treatment- 1yr post			
7th	Treatment- 2yr post	School 6		School	School 12	
School 2		4th	Treatment	4th	Treatment	
4th	-	5th	Control	5th	Control	
5th	Treatment	6th	Treatment- 1yr post			
6th	Control	School 7		School	School 13	
7th	Treatment- 2yr post	4th	Treatment	4th	Treatment	
School 3		5th	Control	5th	Control	
4th	-	6th	Treatment- 1yr post			
5th	Control	School 8	School 8		School 14	
6th	Treatment- 1yr post	4th	Control	4th	Control	
7th	Control	5th	Treatment- double dose	5th	Treatment	
School 4		6th	Control			
4th	-	School 9		School	School 15	
5th	Control	4th	Control	4th	Control	
6th	Treatment- 1yr post	5th	Treatment- double dose	5th	Treatment	
7th	Control	6th	Control			
School 10					Cohort 1	
		4th	Control		Cohort 2	
		5th	Treatment- double dose		Cohort 3	
		6th	Control			

## Data

- 15 elementary schools in a large urban school district
  - Approximately 2,000 Students
- Student Surveys
  - Interest in art consumption and participation
  - Social emotional measures
  - School engagement
  - Conscientiousness- Survey effort
- Administrative records
  - Georgia Milestones
  - Courses and grades
  - Attendance records
  - Discipline records

## Results: Art Consumption & Tolerance

#### **Treatment Effect of Students Desire to Consume Art and Tolerance**



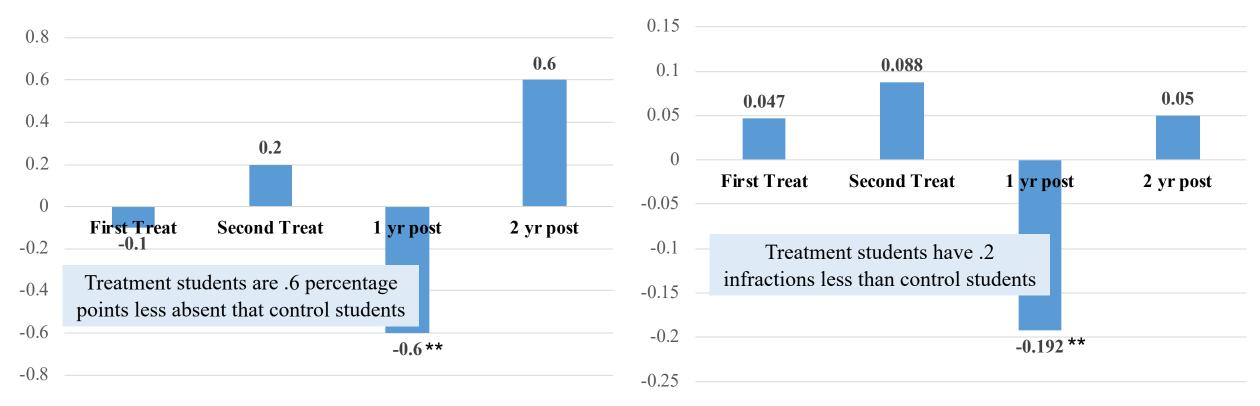
-0.15 Notes: \*\*\* p<0.01, \*\* p<0.05, \* p<0.1 Results are shown in standard deviation effect sizes.

Desire to Consume Art: Combined scale of desire to attend art museums, symphony performances, and live theater Tolerance: "I believe people can have different opinions about the same thing." Careless Answering: Survey effort measure

## Summary: Art Consumption & Tolerance

- Treatment students express a greater desire to consume arts, greater tolerance, believing people can have different opinions, and are more conscientious than control group students
- Treatment effects are measured in the same year as treatment
  - We only have survey data from all 3 cohorts in the first year of treatment
- We see **no effect** on other social emotional outcomes of empathy and social perspective taking
  - Evidence that students had difficulty understanding questions on the survey
  - Finding no effect doesn't mean that the treatment did not affect students on these outcomes, but that we may be unable to detect the effect

## Results: Behavioral Outcomes



**Treatment Effect on Behavioral Infractions** 

#### **Treatment Effect on Student Absences**

Notes: \*\*\* p<0.01, \*\* p<0.05, \* p<0.1

Results are shown in standard deviation effect sizes. Georgia Milestone scores as well as course grades were standardized within grade level. *First Treat* indicates if a student received treatment in one year, and *Second Treat* indicatores if a student received treatment two year in a row.

## Summary: Behavioral Outcomes

- We find significant behavioral differences between treatment and control group students once they enter middle school
- Treatment students have **fewer infractions** and are **absent less often** than control students
- The pattern across treatment conditions is mixed
  - Prior to 6<sup>th</sup> grade, students have few reported infractions
  - Treatment effect estimates are imprecise

## Results: Academic Outcomes

#### 0.25 0.12 0.228 \*\*\* 0.105\*\*\* 0.1 Treatment students earn higher 0.2 grades than control students Treatment students score 0.08 by 22.8% of a standard 10.5% of a standard deviation 0.15 deviation higher than control students on 0.06 end of year tests 0.094 0.1 0.040.0310.03 0.042 0.05 0.02 0.002 0.005 $\mathbf{0}$ 0 First Treat **Second Treat First Treat Second Treat** 1 vr post 2 vr post 1 yr post 2 vr post

#### **Treatment Effect on Georgia Milestones**

**Treatment Effect on Course Grades** 

Notes: \*\*\* p<0.01, \*\* p<0.05, \* p<0.1

Results are shown in standard deviation effect sizes. Georgia Milestone scores as well as course grades were standardized within grade level. *First Treat* indicates if a student received treatment in one year, and *Second Treat* indicatores if a student received treatment two year in a row.

## Summary: Academic Outcomes

- We find significant test score and course grade differences between treatment and control students once they enter middle school
- Treatment students **score higher on the Georgia Milestone** end of grade exams and have **higher course grades** than control group students
- The pattern across treatment conditions is consistent
- Some evidence that these effects may be concentrated in cohort 1 students

# Takeaways

- First experimental study to find positive effects on student behavioral and academic outcomes from attending arts-focused field trips
- First study to show effects multiple years past treatment
- Some evidence that treatment effects are concentrated for students in cohort 1
- The treatment is a relatively low-touch intervention, so the fact that we see positive results is significant

#### • Next Steps

- Inside the Black Box: Understanding teacher and student experiences with field trips
  - Teacher focus groups
    - Working with a handful of schools in the study to better understand teachers' perspective of the intervention
  - Student interviews
    - Talking with students to understand how the intervention impacted them beyond what we capture in survey data

Supplementary Information

# Sample Survey Items: Art Consumption

- If your friends or family wanted to go to an art museum, how interested would you be in going?
- Visiting art museums is fun.
- I plan to visit art museums when I am an adult.
- Art is interesting to me.
- I feel like I don't belong when I'm at an art museum.
- I feel comfortable talking about art.
- I would tell my friends that they should visit an art museum.
- Do you think your friend would enjoy a field trip to an art museum (such as the High Museum of Art)?

# Sample Survey Items: *Social Perspective Taking*

- How often do you attempt to understand your friends better by trying to figure out what they are thinking?
- How often do you try to think of more than one explanation for why someone else acted as they did?
- Overall, how often do you try to understand the point of view of other people?
- How often do you try to figure out what emotions people are feeling when you meet them for the first time?
- In general, how often do you try to understand how other people view the situation?